

SCHOOL OF EDUCATION AND BEHAVIORAL SCIENCES

2025-26 PSYCHOLOGY BS DEGREE PLAN (Emphasis in Sport and Exercise Psychology)

FIRST YEAR - FRESHMAN

Fall Semester				Spring Semester			
Dept	Crse#	Course Name	Hrs	Dept	Crse#	Course Name	Hrs
BIB	121	Life of Christ ¹	2	BIB	122	Acts of the Apostles ¹	2
COM	140	Speech Communication ¹	3	ENG	102	English Composition II ¹	3
ENG	101	English Composition I ¹	3	PSY	218	Abnormal Psychology ³	3
MAT		Mathematics ¹	3			History or Political Science Course ¹	3
PSY	210	General Psychology ²	3	BIO	211	Anatomy & Physiology I & Lab	4
PSY	215	Introduction to Psychological Practice ⁴	2				
			16				15

SECOND YEAR - SOPHOMORE

Fall Semester				Spring Semester			
Dept	Crse#	Course Name	Hrs	Dept	Crse#	Course Name	Hrs
KIN	120	Foundations of Kinesiology	3	PSY	311	Research Methods in Psychology I ^{3,4}	3
		Critical and Creative Works Course ¹	3	PSY	316	Statistics for the Behavioral Sciences ^{3,4}	3
BIB		Bible	2	BIB		Bible	2
PSY	240	Introduction to Sport and Exercise Psychology	3	KIN	399E	Philosophy and Techniques of Coaching	3
BPH	120	Principles of Mental Performance Training	1	BPH	130	Motivation in Sports/Performance/Movement	1
PSY	310	Developmental Psychology ³	3			General Electives	3
		General Electives	3				
			18				15

THIRD YEAR - JUNIOR

Fall Semester				Spring Semester			
Dept	Crse#	Course Name	Hrs	Dept	Crse#	Course Name	Hrs
PSY	414	Research Methods in Psychology II ³	3	KIN	420	Motor Learning	3
KIN	327	Care and Prevention of Athletic Injuries	3	PSY	315	Learning and Memory	3
BIB	346	Foundations of Faith ¹	3	PSY	419	Capstone Course in Psychology ³	2
PSY	418	Physiological Psychology	3	BIB		Bible	2
BPH	220	Leadership and Team Building	1	BPH	230	Stress Management Mental Resilience	1
		General Electives	3			General Electives	5
			16				16

FOURTH YEAR - SENIOR

Fall Semester				Spring Semester			
Dept	Crse#	Course Name	Hrs	Dept	Crse#	Course Name	Hrs
BIB	495	Values in Human Thought ¹	3			General Electives	13
		General Electives	12	BIB		Bible	2
			15				15

¹General Education Requirement

²General Education Course Requirement

SCHOOL OF EDUCATION AND BEHAVIORAL SCIENCES
2025-26 PSYCHOLOGY BS DEGREE PLAN (Emphasis in Counseling Foundations)

FIRST YEAR - FRESHMAN							
Fall Semester				Spring Semester			
Dept	Crse#	Course Name	Hrs	Dept	Crse#	Course Name	Hrs
BIB	121	Life of Christ ¹	2	BIB	122	Acts of the Apostles ¹	2
COM	140	Speech Communication ¹	3	ENG	102	English Composition II ¹	3
ENG	101	English Composition I ¹	3	PSY	218	Abnormal Psychology ³	3
MAT		Mathematics ¹	3			History or Political Science Course ¹	3
PSY	210	General Psychology ²	3			Natural Sciences Course ¹	3
PSY	215	Introduction to Psychological Practice ⁴	2				
			16				14

SECOND YEAR - SOPHOMORE							
Fall Semester				Spring Semester			
Dept	Crse#	Course Name	Hrs	Dept	Crse#	Course Name	Hrs
PSY	310	Developmental Psychology ³	3	PSY	311	Research Methods in Psychology I ^{3,4}	3
		Critical and Creative Works Course ¹	3	PSY	316	Statistics for the Behavioral Sciences ^{3,4}	3
BIB		Bible	2	BIB		Bible	2
FAM	340	Death and Dying	3	SWK	330	Crisis Intervention	3
		General Electives	6			General Electives	6
			17				17

THIRD YEAR - JUNIOR							
Fall Semester				Spring Semester			
Dept	Crse#	Course Name	Hrs	Dept	Crse#	Course Name	Hrs
PSY	414	Research Methods in Psychology II ³	3	SWK	320	Expressive Therapies	3
SWK	450	Interventions with Populations at Risk	3	FAM	335	Human Sexuality	3
BIB	346	Foundations of Faith ¹	3	PSY	419	Capstone Course in Psychology ³	2
FAM	325	Stress and Resilience in Individuals and Families	3	BIB		Bible	2
		General Electives	3			General Electives	7
			15				17

FOURTH YEAR - SENIOR							
Fall Semester				Spring Semester			
Dept	Crse#	Course Name	Hrs	Dept	Crse#	Course Name	Hrs
BIB	495	Values in Human Thought ¹	3			General Electives	13
		General Electives	12	BIB		Bible	2
			15				15

¹General Education Requirement

²General Education Course Requirement

³Course has prerequisite

⁴Course has co-requisite

SCHOOL OF EDUCATION AND BEHAVIORAL SCIENCES
2025-26 PSYCHOLOGY BS DEGREE PLAN (Emphasis in General Psychology)

FIRST YEAR - FRESHMAN							
Fall Semester				Spring Semester			
Dept	Crse#	Course Name	Hrs	Dept	Crse#	Course Name	Hrs
BIB	121	Life of Christ ¹	2	BIB	122	Acts of the Apostles ¹	2
COM	140	Speech Communication ¹	3	ENG	102	English Composition II ¹	3
ENG	101	English Composition I ¹	3	PSY	218	Abnormal Psychology ³	3
MAT		Mathematics ¹	3			History or Political Science Course ¹	3
PSY	210	General Psychology ²	3			Natural Sciences Course ¹	3
PSY	215	Introduction to Psychological Practice ⁴	2				
			16				14

SECOND YEAR - SOPHOMORE							
Fall Semester				Spring Semester			
Dept	Crse#	Course Name	Hrs	Dept	Crse#	Course Name	Hrs
PSY	310	Developmental Psychology ³	3	PSY	311	Research Methods in Psychology I ^{3,4}	3
		Critical and Creative Works Course ¹	3	PSY	316	Statistics for the Behavioral Sciences ^{3,4}	3
BIB		Bible	2	BIB		Bible	2
FAM	340	Death and Dying	3			General Electives	9
		General Electives	6				
			17				17

THIRD YEAR - JUNIOR							
Fall Semester				Spring Semester			
Dept	Crse#	Course Name	Hrs	Dept	Crse#	Course Name	Hrs
PSY	414	Research Methods in Psychology II ³	3	PSY	315	Learning and Memory ³	3
PSY	312	Social Psychology ³	3	PSY	408	Fam & Individual Counseling	3
BIB	346	Foundations of Faith ¹	3	PSY	419	Capstone Course in Psychology ³	2
FAM	305	Childhood Disorders	3	BIB		Bible	2
		General Electives	3			General Electives	6
			15				17

FOURTH YEAR - SENIOR							
Fall Semester				Spring Semester			
Dept	Crse#	Course Name	Hrs	Dept	Crse#	Course Name	Hrs
PSY	418	Physiological Psychology ³	3			General Electives	13
BIB	495	Values in Human Thought ¹	3	BIB		Bible	2
SOC	445	Ethnic Cultures	3				
		General Electives	6				
			15				15

¹General Education Requirement

³Course has prerequisite

²General Education Course Requirement

⁴Course has co-requisite