## **COLLEGE OF ARTS AND SCIENCES**

2025-2026 KINESIOLOGY BS/MS DEGREE PLAN - EMPHASIS IN EXERCISE SCIENCE

BIB ENG KIN		EIDCT			- EM		LITCL
BIB ENG KIN		FIRST	YEAR	C - FK	<b>-</b> 5HM		
BIB ENG KIN	Fall Semester				Spring Semester		
ENG KIN		Course Name	Hrs			Course Name	Hrs
KIN :	121	Life of Christ <sup>1</sup>	2		122	Acts of the Apostles <sup>1</sup>	2
	101	English Composition I <sup>1</sup>		ENG	102	English Composition II <sup>1,3</sup>	3
	120	Foundations of Kinesiology		BIO	212	Human A & P II	4
	211	Human A & P <sup>2</sup>	4			Elective	3
	100	Lifetime Wellness	1	MAT	101	College Algebra <sup>2</sup>	3
COM	140	Speech Communication <sup>1</sup>		PEA	156	Weight training	1
			16				16
		SECOND	YEAR	R - SO	PHOM	IORE	
		Fall Semester				Spring Semester	
<b>Dept</b>	Crse#	Course Name	Hrs	Dept	Crse#	Course Name	Hrs
BIB		Bible	2	BIB		Bible	3
HIS		History <sup>1</sup>	3	KIN	328	Anatomical Kinesiology <sup>3</sup>	3
KIN :	327	Care and Prev. of Athletic I		MAT	235	Introductory Stats	3
		Elective	3		121	Principles of Nutrition	3
PSY :	210	General Psychology <sup>2</sup>	3			KIN Elective	3
		Creative works: ART/ENG/MU	3			Any Electives	3
			17				18
		THIR	D YE	AR - J	UNIO	R	
		Fall Semester				Spring Semester	
Dept	Crse#	Course Name	Hrs	Dept	Crse#	Course Name	Hrs
BIB :	346	Foundations of Faith	3	BIB		Bible	2
		Any Electives	9	KIN	420	Motor Learning	3
KIN :	329	Biomechanics <sup>3</sup>	3	KIN	397	Practicum in Kinesiology	2
KIN :	338	Physiology of Exercise <sup>3</sup>	3	KIN/H	EA	Upper Elective: Recommend KIN3	3
				BIO	115	Medical Terminolgy	1
						Any Electives	4
			18				15
		FOUR	TH YE	EAR -	SENIC	OR .	
Fall Semester					Spring Semester		
D L	Crse#	Course Name	Hrs	Dept	Crse#	Course Name	Hrs
pept	495	Values in Human Thought		BIB		Upper Division Bible	3
BIB 4	425	Organization & Adm in Phy	3	KIN	437	<del>  ' '</del>	.3
BIB 4	425 217	Organization & Adm in Phy First Aid and CPR		KIN KIN	437 426	Exercise Testing & Prescrip	3
BIB ( KIN ( HEA :	217	First Aid and CPR	3	KIN	437 426 504	Exercise Testing & Prescript Adaptive Physical Education	3
BIB 4 KIN 4 HEA 2 KIN 4	217 497		3 2	KIN EXS	426 504	Exercise Testing & Prescrip Adaptive Physical Educatio Advanced Exercise Physiology	
BIB KIN AHEA IKIN AEXS	217	First Aid and CPR Practicum	3 2 3	KIN	426	Exercise Testing & Prescript Adaptive Physical Education	3 3
BIB KIN AHEAKIN AEXS	217 497 501	First Aid and CPR Practicum Prin. Of Healthcare & Reha	3 2 3 3	KIN EXS	426 504	Exercise Testing & Prescrip Adaptive Physical Educatio Advanced Exercise Physiology	3 3 3
BIB KIN AHEA IKIN AEXS	217 497 501	First Aid and CPR Practicum Prin. Of Healthcare & Reha Human Functional Anatom	3 2 3 3 <b>17</b>	KIN EXS EXS	426 504 503	Exercise Testing & Prescrip Adaptive Physical Educatio Advanced Exercise Physiolo Applied Biomechanics	3 3
BIB KIN AHEA IKIN AEXS	217 497 501	First Aid and CPR Practicum Prin. Of Healthcare & Reha Human Functional Anatom  FIFTH YEA	3 2 3 3 <b>17</b>	KIN EXS EXS	426 504 503	Exercise Testing & Prescrip Adaptive Physical Educatio Advanced Exercise Physiolo Applied Biomechanics  Rehab)	3 3 3
BIB (KIN (HEA )	217 497 501 502	First Aid and CPR Practicum Prin. Of Healthcare & Reha Human Functional Anatom  FIFTH YEA Fall Semester	3 2 3 3 <b>17</b> R - M	KIN EXS EXS	426 504 503 and R	Exercise Testing & Prescrip Adaptive Physical Educatio Advanced Exercise Physiolo Applied Biomechanics  Cehab)  Spring Semester	3 3 3
BIB A KIN A KIN A EXS EXS EXS	217 497 501 502 Crse#	First Aid and CPR Practicum Prin. Of Healthcare & Reha Human Functional Anatom  FIFTH YEA Fall Semester Course Name	3 2 3 3 17 R - M	KIN EXS EXS	426 504 503 and R	Exercise Testing & Prescrip Adaptive Physical Educatio Advanced Exercise Physiolo Applied Biomechanics  Chab Spring Semester Course Name	3 3 3 <b>15</b> Hrs
BIB A KIN A KIN A EXS B EXS B  Dept C EXS	217 497 501 502 Crse#	First Aid and CPR Practicum Prin. Of Healthcare & Reha Human Functional Anatom  FIFTH YEA Fall Semester Course Name Nutrition in Exercise	3 2 3 3 17 AR - M	KIN EXS EXS	426 504 503 and R	Exercise Testing & Prescrip Adaptive Physical Educatio Advanced Exercise Physiolo Applied Biomechanics  Rehab)  Spring Semester Course Name  Electives - Any EXS or HAD	3 3 3 <b>15</b> <b>Hrs</b>
BIB AND	217 497 501 502 <b>Crse#</b> 505 506	First Aid and CPR Practicum Prin. Of Healthcare & Reha Human Functional Anatom  FIFTH YEA Fall Semester Course Name Nutrition in Exercise Research Methods	3 2 3 3 17 1R - M Hrs 3 3	KIN EXS EXS	426 504 503 and R	Exercise Testing & Prescrip Adaptive Physical Educatio Advanced Exercise Physiolo Applied Biomechanics  Chab Spring Semester Course Name	3 3 3 <b>15</b> Hrs
BIB A KIN A HEA I KIN A EXS I EXS I  Dept C EXS I	217 497 501 502 Crse#	First Aid and CPR Practicum Prin. Of Healthcare & Reha Human Functional Anatom  FIFTH YEA Fall Semester Course Name Nutrition in Exercise	3 2 3 3 17 AR - M	KIN EXS EXS	426 504 503 and R	Exercise Testing & Prescrip Adaptive Physical Educatio Advanced Exercise Physiolo Applied Biomechanics  Rehab)  Spring Semester Course Name  Electives - Any EXS or HAD	3 3 3 <b>15</b> <b>Hrs</b>

## ADDITIONAL ITEMS RELATED TO THE MAJOR

Exercise Science Empahsis elective recommendations: KIN221, KIN330, KIN331

- 1. Plan schedules carefully. Plan to fulfill prerequisites for future courses.
- 2. academic adviser as not all classes are offered every semester.
- 3. you from registering.
- 4. Register for classes early during the registration period to secure classes.

plan does not replace the *Undergraduate Catalog*. The *Undergraduate Catalog* provides the official listing of program

<sup>&</sup>lt;sup>1</sup>Liberal Arts Core Requirement

<sup>&</sup>lt;sup>2</sup>Liberal Arts Core Major Requirements in *Undergraduate Catalog* 

<sup>&</sup>lt;sup>3</sup>Course has prerequisite. See corresponding *Undergraduate Catalog*