

# The Bell Tower

The student publication of Freed-Hardeman College

Volume 5, Number 1

**September 19, 1985** 

# Freshman class roll Increases 10 percent

by Tim Hall

Enrollment at Freed-Hardeman has reached 1,047 for the fall semester, according to Admissions Director Seth Chandler. This number is down from last year's total of 1,126. Chandler expressed optimism at the number of first-time, full-time freshmen enrolling at F-HC. That number has risen to 257, a 10 percent increase over 1984-85's freshman class.

However, the disappointment came in the number of returning students. More than 80 failed to register for classes.

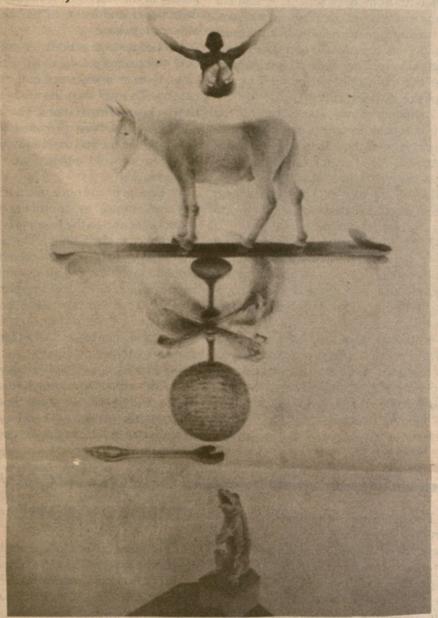
President E. Claude Gardner told The Bell Tower that retention of students is a problem for most every college. He said, however, that F-HC is doing all it can to meet students' needs so they will return each year until graduate. Gardner also

mentioned that a survey will soon be taken to find out why so many students didn't return this year.

Here is a breakdown of class enroll-

Freshmen: 345 Sophomores: 215 Junior: 222 Senior: 228 Special: 37

More than 200 applications have already been received for next year. If retention continues to improve and the applications continue to come in, Chandler and Gardner said they believe the next several years will be great ones for F-HC.



This is just one of several sketches being exhibited in the student center's art gallery. The exhibit is being shown through Oct. 10.

#### Art gallery brings Culture to campus

by Lela Jones

You don't have to fly to New York to see and enjoy artwork by reputable artists—it's as close as our own Student Center. This slice of culture is offered in the Art Gallery, located behind the narrow door next to the SNEA bulletin board in the student center.

The gallery, sponsored by the Department of Art, features works created by talented artists from across the country. Terry Thacker, art instructor, helps coordinate each exhibit despite the absence of funding. Thacker said he is excited about the gallery and invites everyone to take a look through each exhibit while in the student center.

"The students and faculty should take advantage of the gallery," Thacker added. "We have tried to pattern each show to be challenging to the spectators; to show them what different kinds of art are like because most people are never exposed to anything more than landscapes. Not everyone will always like what is being shown, but it's a chance to view

some different technical examples and mediums."

Several exhibits have been planned for the coming year, the first of which is being shown now through Oct. 10. This show features the work of Paul Wenzel and Nancy Becker, two artists from Knoxville. The showing will consist of drawing and printmaking pieces, which are very diverse in nature.

Other shows will feature artists such as Max Hochstetler from Austin Peay State University; Mike Fowler, a teacher from York Christian College in York, Neb.; Olen Bryant, a sculptor from Clarksville; and Timothy VanLaar, a Christian artist from Illinois. Senior art shows from Steve Warren and Brian Williams will also be displayed early in the spring semester.

As each new exhibit arrives on campus, The Bell Tower will provide details about each show. The gallery is open from 8:30 a.m. to 5 p.m., Monday through Friday and it's free to all who want to experience various forms of art.

#### Amateur radio Class to begin

by Sam Hester

Communication is a vital part of today's society, and the license and ability to operate amateur radio is useful. Amateur radio allows you to talk over great distances to people of many different backgrounds. It also keeps you up to date on world news events from an international viewpoint.

Thanks to interested donors, Freed-Hardeman now has modern, state-ofthe-art amateur radio and auxiliary equipment, which will be used extensively in Missions classes. A class for amateur radio licensing will be meeting Tuesdays at 4 p.m. in the BC-WE Building. The class is being offered for college credit if you desire. Max Patterson, a long-time amateur radio operator, will be teaching the class.

For more information on obtaining your amateur radio license, contact Sam Hester.

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# Tips for succeeding in college

by E. Claude Gardner

Enrollment in college is a dream come true for the serious and mature student. Places of leadership in society will be held by the educated person. A college student can have a happy and successful experience by following certain guidelines that are tested and tried.

1. Decide on a major as early as possible. The person who has a definite goal will more likely persevere in college and will experience a higher level of motivation. If one is undecided about a major, it is desirable for the student to explore different programs and pursue courses to determine one's interest. Also, if one is undecided or lacks information about careers, the student should contact the office of career counseling which will be able to provide professional assistance.

2. Be well rounded. By all means, one should not neglect academics, but at the same time a student should seek to mature socially, emotionally and even spiritually. It is an opportunity to allow one's personality to blossom. Also, one can develop and nurture leadership skills and other talents.

3. Be a real student. One enrolls in college to acquire a solid educational foundation for a profession and for a useful life. A student should make the best

grade possible, for it will pay off at job time and also when one is applying to graduate and professional schools. By all means, a college student should find the library early in the year.

4. Make many friends. One of the real values of attending college and living in a dormitory is the rich experience of meeting and making lifetime friends. After college many of the persons one meets will be acquaintances rather than intimate friends. While in college, it is a good time to develop a close friendship with a college teacher who can become your mentor.

5. In case of problems of any nature, be sure to ask for help. Personnel are provided to meet any type of problem a student may encounter. No problem is original even though it may seem that way to a student; hundreds of others may have experienced the same situation. It is often the case that one cannot solve a problem alone, and he or she needs the helping hand of an experienced coun selor.

6. Be confident but not over confident. Some students enter college with the view that it may be at the same level as high school and, therefore, may not take their studies seriously at first. One is well

advised to feel able to successfully do college work but with the understanding that serious effort must be put forth. There must be a realization that college is different from high school. A student must make more decisions on his own. To assume greater responsibility he must budget his time wisely and go to class consistently. The student must remember that he cannot get by on his good looks or by being athletic.

7. Spend money wisely. Having too much money to spend can be a detriment. It is a good time to learn fiscal responsibility while in college. Your parents will also appreciate your doing so. This will be part of your educational experience that will be beneficial to you for the rest of your life.

8. Stand by your values. You have been taught moral and spiritual values from childhood, and you should not be moved away from these even by experimentation or on a dare by a reckless neer.

9. Weigh what you read and hear. When one is required to read materials or listen to a professor, the wise student will evaluate all ideas carefully without swallowing everything so gullibly. Learn to think for onesself.

10. Keep up with current events. The educated student must not bury himself in studies and social activities to the extent that he is oblivious to what is happening in the world. One should read a daily paper and listen to the news on radio or television.

11. Follow instructions. A good student will carefully follow instructions in class, from an adviser and in the college catalog. This will save the student from heartaches and frustrations. The student handbook has been prepared for the student's benefit, and the information will help one to avoid pitfalls that may be embarrassing.

12. Be a giver and not a taker. It should be one's desire to contribute to the school year and to the happiness of others in the student body. The student should strive to promote the general welfare and make the college community a happy place. The student who enrolls for only what he can take away from the institution will be selfish, and he will shortchange himself as well as his fellow students and the institution.

When the student follows these guidelines, he will have a wonderful experience, and he will regret the time when he graduates. He also will look forward to a return visit to the campus as a loyal and happy alumnus.

# Viewpoints

by Dowell Flatt

Though it has been a joy to attend a World Series, an All-Star game, two super bowls and numerous concerts of internationally known stars, such is rather trivial compared to the World Mission Workshop. There are multitudes of gatherings in the world. On rare occasions, a few genuine happenings take place. Lord willing, on Oct. 24-27, such will occur at Freed-Hardeman College with the 26th Annual World Mission Workshop.

The late Olan Hicks, former F-HC Bible teacher, helped to begin this great event 26 years ago. Few men have moved more people to really believe in their heart of hearts Matthew 28:18-20. We truly believe brother Hicks and all

others like him would be proud of the 1985 program.

We expect elders, preachers, mission committees and a host of others to join at least 700 students from other Christian universities, colleges and preacher-training schools. We expect more than 200 missionaries to be present for these four significant days.

Special honor will be given to veteran missionaries. Joe Cannon and Bob Hare will be featured speakers. A banquet in honor of the Harold Mobleys will be held. Reunions for workers from all major sections of the world have been planned. Special classes for women and others for the deaf are scheduled. Free exhibit space in the spacious lobby area of Loyd Auditorium will be provided.

Two years have been devoted to planning the program. A number of surveys were taken among students who have attended previous workshops. The No. 1 suggestion was, "Let's get speakers from as many different places as possible." To our knowledge, we will have a wider range of speakers than in any of the previous 25 programs. They will come from all of the continents, many of the United States, nearly every Christian College and preacher-training school.

About 2,000 years ago, a baby from heaven came to the village of Bethlehem. The world has never been the same. In a few more days, large numbers will come from all parts of the earth to the city of Henderson. We truly believe they will change this old world for the better. Join us for this genuine happening!

#### College receives Energy grant

Freed-Hardeman College has been awarded a grant of \$53,150 to implement energy conservation measures. The U.S. Department of Energy awarded the grant through its Institutional Conservation Program.

This grant will fund the installation of an energy monitoring and control system in Loyd Auditorium.

The Institutional Conservation Program provides funds to private and/or nonprofit schools, hospitals, local governments and public care institutions. Twenty-four institutions in Tennessee received grants this year totaling \$1,063,704. The projected collective energy savings for these projects is \$930,198 per year.

#### **Letters Policy**

The Bell Tower is a student publication of Freed-Hardeman College and is published twice monthly, except for special issues, during the fall and spring semesters.

The Bell Tower welcomes comments and views from readers and will print them in the form of letters to the editor on the editorial page.

The deadline for receiving letters is 5 p.m. on the Friday prior to the paper's publication. Letters are published as space allows and must address policies and events rather than personalities. Letters must consist of 200 or fewer words. All letters must be signed.

The Bell Tower reserves the right to edit letters to conform to style or special specifications. All letters must be typed and double spaced. Letters should be sent to Box 44, campus mail.

#### The Bell Tower

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# Trophy rewards club's involvement

by Christie L. Chaney

Social clubs are a very intregal part of campus life at Freed-Hardeman College. Meetings, intramurals, parties of all types, Homecoming and Makin' Music keep students busy and involved. Despite the major emphasis on the recreational aspects, social clubs at Freed-Hardeman do have a goal, a reward which is attained by involvement in all areas of campus life: the social club trophy.

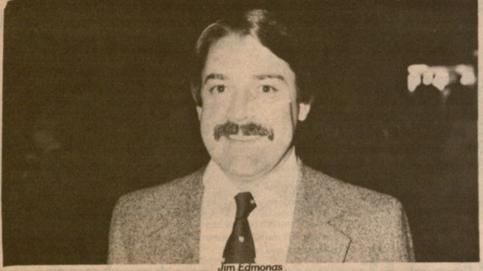
Each semester, the social clubs are given a list of competitive activities and these areas. In the fall, areas of competiperformance, sports participation and the clubs' chapel programs. Spring competition is based on attendance, sports performance, sports participation, the chapel programs, Makin' Music and the

the total number of points they can earn for participation and achievement in tion are attendance, scholarship, sports Speech Festival.

Attendance is determined by the number of members present in proportion to the size of the club. Chapel programs are judged by a committee of faculty and students who consider presentation, audience appeal, originality and appropriateness. Scholarship is judged by the number of each club's members on the President's List in proportion to the number of members in the club. Sports participation and performance are discussed in the Campus Recreation Handbook. The Speech Festival and Makin' Music points are determined by the coordinators and evaluated by the judges of these events.

In the spring semester of 1985 Phi Kappa Alpha social club won the trophy for the fifth time in the last six semesters. The club consisted of 188 members and was governed by President Danny Sorrell, Women's Vice President Donna Hester, Men's Vice President Buddy McClain, Secretary Cathy Howell, Treasurer Melinda Sizemore, Men's Sport's Captain Ted Williams, and Women's Sport's Captain Amy Sholar. President Danny Sorrell contributes the club's success to "enthusiasm, friendliness, and a willingness to become involved." Congratulations goes to Phi Kappa on this exemplary achievement.

#### **F-HC Honors Association Attends Nashville convention**



by Christie L. Chaney

Freed-Hardeman College Honors Association and two faculty members attended the Tennessee Honors Council Convention, hosted by Tennessee State University in Nashville. The program was a one-day conference in which the state's colleges and universities met to share their ideas on honors programs and various studies.

F-HC was well represented. Jim Dana Webster and Adrienne Sanders.

Last Saturday 25 members of the Edmonds of the business/law faculty presented and defended a paper titled "The Case for a Two-Model Approach to the Study of Origins." Don Dobbins delivered a paper on "Honors in the Work Experience," and the Honors Council led a panel discussion on "Honors Recruiting and Public Relations." The council is made up of Mark Hamilton, Christie Chaney, Cindy Terrell, Royce Webb,

#### Contest offers \$10,000 prize

The Amy Foundation has announced its First Annual Writing Awards, which will offer a first prize of \$10,000 for writing which presents in a sensitive, thoughtprovoking manner, God's position on issues that affect the world today.

Issues must be of public interest or concern and be relevant, timely and deserving of national attention. To be eligible for the award, submitted articles must be published in the secular media.

In addition to the \$10,000 prize, a

\$5,000 second prize will be awarded; \$2,500 is third prize; fourth prize is \$1,500; and \$1,000 is fifth prize.

Articles and inquiries may be submit-

The Amy Foundation Writing Awards P.O. Box 16091 Lansing, MI 48901

Deadline for entries is Jan. 31, 1986. Winners will be announced May 1, 1986.

#### Institute offers Three scholarships

The Scholarship Research Institute of Washington, D.C., an organization which specializes in aiding students in their efforts to obtain funds for college, is offering three \$1,000 scholarships.

Applicants must meet the following minimum criteria: (1) undergraduate; (2) full-time student; and (3) a grade-point average of 2.0 or higher. For application and information, send a self-addressed, stamped envelope to:

> Scholarship Research Institute P.O. Box 50157 Washington, D.C. 20004

The deadline for applications is Dec. 16, 1985. Awardees will be notified by Jan. 30, 1986.

Recipients will be chosen based upon academic performance, leadership abilities, college and community activities. These awards are for the spring semester of the 1985-86 school year and may be used for any expenses related directly or indirectly to the pursuance of an undergraduate degree.

#### Poetry contest Seeks talented poets

International Publications is sponsoring a national college poetry contest which will present cash awards for poetry and will publish winning selections in an anthology, "American Collegiate Poets."

Deadline for the competition is Oct. 31. First prize is \$100; second prize is \$50; \$25 will be given as third prize; \$15 is fourth prize; and \$10 is fifth prize.

Information about this contest can be obtained by contacting Lora DeFore.

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# F-HC Chorus plans Tour to California

by Christie Chaney

According to Choral Director Kelley B. Doyle, "A very fine choral group has been chosen this year. Because of the great number of returning students, the group sounds good already and will be even better before the year is over." The group's plans include an average of 30 programs and a tentatively proposed rus would travel I-40 West through Oklahoma City, Amarillo, Albuquerque, Las Vegas, and on to the Los Angeles area. They would return the Southern route through Phoenix, El Paso, Fort Worth, Dallas and Little Rock.

Singers for this year include Tanya Anderson, Decatur, Ala.; Philip Autry, spring break tour to California. The cho-Milan; Dexel and Beth Burns, East Alton,

Ill.; Penny Dorsett, Trenton; Cereice Doyle, Henderson; Mason Farley, McMinnville; Trent Fields, Wingo, Ky.; Kim Fuqua, McEwen; Judy Galloway, Greenville; Michelle Gilliland, Jackson; Joyce Thornton Gilmore, Jackson; Laura Gobbell, Columbus, Ga.; Mike Greene, Henderson; George Hamer, Memphis; Karen Hammack, St. Clair, Mo.; Carol Hardy,

Huntingdon; Chris Hicks, New Albany, Miss.; Paul Holbrook, Palm Coast, Fla.; Michele Lyons, Glasgow, Ky.; Joie Melton, Hendersonville, N.C.; Phyllis Mills, Dyersburg; Wade Morris, Philadelphia, Tenn.; Dan Osburn, Duluth, Ga.; Tim Ramos, Hayston, Ala.; Neil Short, Morenci, Ariz.; David Smith, Corinth, Miss.; Lajuana Vaughn, Winfield, Ala.; and Amy Williams, Jackson.

#### Phoenix prepares for busy year

by Christie Chaney

Phoenix, a traveling secular and acappella musical group for Freed-Hardeman, is busy preparing for a year of performances at Christian high schools, benefit dinners, youth rallies, F-HC High School weekends and other on-campus shows. Assistant Director of Admissions and Coordinator of Student Relations Frank McMeen said he feels this year's group is the "most talented group of young people we've had on campus in a long time. They are the best musicians and vocalists combined that we've ever had."

The group includes Julie Beaird, a junior public relations major from Jasper, Ala., who will sing and play keyboards. Carolee Owens, a junior organizational communication major from Madison, will sing and play the piano. Lead vocalist will be Roger LaPointe, a sophomore Bible

major from Sudbury, Ontario, Canada. Aaron Sain will sing and play guitar; he is a senior broadcast major from Florence, Ala. Charlie Lauderdale, a senior psychology major also from Florence, Ala., will play drums. Freshman Paul Kennamer from Huntsville, Ala., will sing bass in the acappella section of the program. Mike Spears, a senior management major, will sing and play bass guitar. Lori Winthrow Spears, a senior finance major. will work as an admissions coordinator on the group's trips. She and Mike are originally from Waverly, and now reside in Henderson.

The group looks forward to an active, productive year and plans a tape session for an acappella album in November. According to McMeen, the college is "expecting great things from the group



Students have been enjoying the new big-screen television placed in the student center recently. The student center received an interior facelift during the summer when carpeting was installed, walls were painted, and furniture was repaired and replaced.

#### Sonshine Singers plan full year

by Christie L. Chaney

The 1985-1986 Sonshine Singers touring group has been chosen by director Winston Harless. Harless said the year's off to a terrific start because of the interest already shown by the 100 people who tried out for the group and in the number and diversity of area, size, and type of congregations who have requested that the group come to perform.

The schedule is full and the spring openings are already few. Harless said he is flattered that so many congregations want the group to return. "We are trying to do what they want in the way they want to hear it." This spiritual-emphasis group, which travels for the Department of Institutional Advancement, views its work as a type of ministry. The singers plan to make about 30 trips, the most immediate of which will be a tour to Florida, Atlanta, and Starkville, Miss.

Soprano singers for the year include Anna Eubanks of Selmer; Sarah Eubanks of Paragould, Ark.; Melissa Goff of Reagan; Carmon Huddleston of Ripley, Miss.; Kelly Johns of St. Louis, Mo.; Brenda Krouse of Greenecastle, Pa.; Jeanna Massey of Tullahoma; Alice Parnell of Trenton; Julie Scarbrough of Paris; Kelly Smith of Florence, Ala.; Lisa Taylor of Jonesborough, Ark.; and Cindy Terrell of Dickson.

Altos are Tammy Barnes of North Little Rock, Ark.; Beverly Beckham of Savannah; Andrea Boren of Florence, Ala.; Sherri Brown of Henderson, Texas; Cathy East of Winfield, Ala.; Mitzi Fields of Ligonier, Pa. of Jasper, Ala.; Ellen Greer of Montgo-

mery, Ala.; Deanna Hall of Tulsa, Okla.; Tina Hester of Tuscumbia, Ala.; Paula Hill of Memphis; Michelle Lambert of Henderson; Stacy Moffitt of Lexington; Glynda Nichols of Madison; Jo Richey of Poplar Bluff, Miss.; Sherry Ross of Houston, Texas; Julie Russell of Manchester; Ruth Waldron of Cincinnati, Ohio; and Jennifer Weaver of Jackson.

Bass singers include David Baker of Berry, Ala.; Frank Bell of Columbia; Frank Bellizzi of Altus, Okla.; Barry Bland of Starkville, Miss.; Micah Brinkley of Paragould, Ark.; Mark Crawford of Decatur, Ill.; Michael Diddock of Anchor Point, Alaska; Mike Dozier of Huntsville, Ala.; Steve Duer of Opelika, Ala.; Ron Flagel of Benton Arbor, Mich.; Ray Grayham of Paragould, Ark.; John Hill of Birmingham, Ala.; John Hogan of Lakeland, Fla.; Jeff Ingram of Wetumpka, Ala.; David Lambert of Henderson; Kent Mohundro and David Nowell, both of Corinth, Miss.

Tenor singers are Larry Arnold of Daytona Beach, Fla.; Jay Bogus of Florence, Ala.; Russ Gill of Anchor Point, Alaska; Jeff Golson of Forest Park, Ga.; Rick Gray of Mt. Pleasant; Michael Hatley of Haiti, Miss.; David Hester of Jasper, Ala.; Samuel Heastie of Nassau, Bahamas; Lee Hibbett and Robert Lambert of Henderson; Keith Lewis of Waterloo, Ala.; Kerry McAlister of Fulton, Ky.; Mark Miller of Paragould, Ark.; Keith Mosier of Henderson; and Thom Tarter

#### Pipers to entertain

by Christie L. Chaney

The Pied Pipers Company II has been selected for the 1985-1986 school year. Dr. Hank McDaniel, director for the Pipers, said he is "extremely excited about the possibilities for this year. We have a marvelous opportunity to do more than we ever have for children. We have an extremely good mixture of youth, strength and age. It will be a good year."

Four Pipers are returning to another year of presenting the 30 children's improvisational theatrical shows: Kim Bonnell of Doniphan, Mo.; Darrell Cox of Fairdealing, Mo.; Celine Holder of Birmingham, Ala.; and Susan Tatum of Clarksville.

Three performers are transfer stu-

dents from Ohio Valley Christian College, where they were also Pipers: Angie Clark and Rita Gawthrop of Hamlin, W.V., and Jeff Lewis of Middleburg, Pa. Other new Pipers include sophomores Kendra Bonnell of Doniphan, Mo., and Jeanette Caraker of Lakeland, Fla.

Freshman Pipers are Keli McDaniel of Henderson, Mike Purser of Florence, Ala., and Michelle Robinson of luka,

The group plans six on-campus shows and several out-of-town trips to perform at burn centers, nursing and retirement homes, and elementary schools. Tentative plans include a tour of Florida and Disney World. \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

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#### Freshmentality...just a phase

by James E. Baker

There seems to be a strange phenomenom occurring on our campus again this year, as it has in years past. To my knowledge it has never been officially identified, so I'll refer to it as "freshmentality" (also known as freshman mentality). I first began to suspect its recurrence when I returned to school this year. I've seen many new faces this semester, most of which belong to bodies wearing fashions from Vogue, GQ, Rolling Stone or any combination thereof. I hope we didn't look like that when I was a freshman.

Another symptom of "freshmentality" that I've noticed is the ability to project an aura of confidence and authority, especially when unsure of what's happening. There must be a survival instinct developed during the summer between high

school and college that says "stay cool, don't act ignorant." The irony is that in their attempts to be cool, the freshmen forget to erase the wild look of confusion and bewilderment from their faces. In a few more months, they will understand that only seniors can emit that true aura of authority (especially when unsure of what is happening). It's an art developed over the collegiate career, not something perfected in one short week.

The purpose of this, if indeed it has a purpose, is to wish the freshmen the best o luck and to assure them that this is just a phase, which they will eventually grow out of...hopefully in time to ridicule next year's cases of "freshmentality."

Oh, one more thing...you don't need stamps for campus mail.

#### collegiate camouflage

Can you find the hidden literary terms?

ALLITERATION	OXYMORON
ANAPEST	PARABLE
ANTITHESIS	PARADOX
COMEDY	PARODY
EPITHET	PLOT
EPODE	POETRY
HYPERBOLE	PSEUDONYM
IRONY	RHYTHM
LITOTES	SIMILE
LAMPOON	SPOONERISM
MALAPROPISM	STANZA
METAPHOR	SYNECDOCHE
MOTIF	TRAGEDY

#### College to show free movies

Movies! And they're free!

If you're wondering what you're going to do with some free time on Tuesday nights after you've done your homework, or if you don't have money to spend on a movie, the Office of Student Affairs has a solution for you.

Several movies from 1984-85 and classics from the past will be shown throughout the year in Milan-Sitka Auditorium on Tuesday, Wednesday and Friday

evenings. Selections include Return to Oz, Give My Regards to Broadstreet, D.A.R.Y.L., Disney classics, Swiss Family Robinson, and The Jungle Book.

Showings for Tuesday movies will begin at 8 p.m., and Wednesday night movies will be shown at 9. Friday night movies will be shown twice. Movie times and dates are subject to change.

Here's a schedule of what will be playing and show dates for this semester.

Return of the Jedi	Sept. 25
Return to Oz	Oct. 11
The Prince and the Pauper	Oct. 15
The Great Muppet Caper	Oct. 18
The Muppets Take Manhattan	Oct. 23
Give My Regards to Broadstreet	Nov. 6
D.A.R.Y.L.	Nov. 15
Swiss Family Robinson	Nov. 19
It's a Wonderful Life	Dec. 7
My Little Chickadee	Dec. 11

# FI!ps!de

#### Summer produces hot music

by Roger Stewart

The summer of 1985 was hot and so you really did!

was the music that filled it. While few new groups broke the scene, headliners were on a roll. Sting, Bruce, Huey, Tina, Bryan Adams and Dire Straits took hold of summer for all they could get. The concerts were as hot as the music.

you really did!

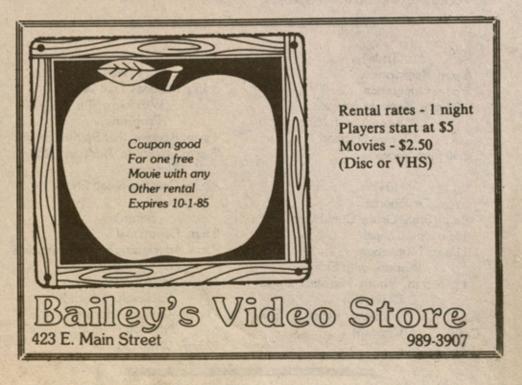
Now for the 'Til Tuesday, Hooters and R limelight with a summer for all they could get. The concerts were as hot as the music.

For the most part, you didn't even have to go to the concerts to catch your favorites. Soundtracks made it big from St. Elmo's Fire, Mad Max, Beverly Hills Cop, to Back to the Future. If you missed these, you could just sit at home and watch all your favorites and Bob Dylan on Live Aid. What can be said about history's greatest rock extravaganza that

hasn't already been said. If you missed it, you really did!

Now for the albums. Tears for Fears, 'Til Tuesday, A-ha, Lone Justice, The Hooters and Rational Youth all made the limelight with sucessful album bids.

As for the questions of the summer, what horrible thing makes Godly and Creme "Cry?" Won't someone please stop it? When will Weird Al grow up and play real music? Will Depeche Mode sell out and get a pronounceable name? Who is Sussussussussudio oh, oh? Will John Waite really get new words for his next song? Madonna married? Ha! Will there be album reviews next time? Answer...yes.



# Stress overload can be controlled

by John Cliver

you go. At one time they were top students, always studying, always making good grades, completing papers and projects early. Now their grades are on the decline; they seem not to care. They know they are in academic trouble, yet it doesn't make any difference to them. What happened?

More than likely these descriptions can apply to victims of stress overload. Stress overload can affect anyone if he or she is not careful. Too much stress in anyone's life can be harmful. Stress overload can transform the most conscientious person into one who procrastinates and never accomplishes anything pro-

Does everyone have to endure too much stress? Is stress always harmful? Or can stress be useful to a person, especially a student?

The American College Dictionary calls stress, among other things, "the physical pressure, pull or other force light of this definition stress could be useful or harmful.

An athlete needs stress, or he would never develop. Without at least nominal mental stress, a student would never

You can see them almost anywhere institutional stress, a student would never turn in an assignment.

The earth's gravitational pull exerts stress on us, but we all keep walking. However, do we recognize the problem of too much stress and the negative effects it can have on our lives? Too much exertion against the gravitational pull for too long without rest can cause harm. In the same way too much mental stress can also harm. The problem is that sometimes it's difficult to identify the signals of stress.

On Freed-Hardeman's campus, students apply many methods to overcome stress. An older married student said he sets priorities and goals and has joined no social clubs. "I think a lot of pressure is put on students when they don't get their work done," he added.

Another student who has an active social life said she doesn't worry about stress, claiming, "It'll all work out."

A Bible major involved in Evangelism Forum, Preachers' Club, theater and the exerted on one thing by another." In the radio station said he doesn't put papers or assignments off until the last minute. His downfall, he added, is when teachers don't specify when an assignment is due. It's then that he procrastinates.

learn anything. Without at least nominal work major responded. She did not gestions. Time management is one; don't

recommend this as a solution for handling too much stress.

Carol Hamilton, freshman adviser and counselor in the Academic and Life Planning Center at F-HC, teaches a class that deals with stress management during a summer session. She added that stress is necessary in a person's life.

"You need stress," Hamilton continued, "or you would be dead. Stress keeps us creative." She sees the need for each person to determine his optimum level of stress. A point exists where stress is beneficial. After that point, Hamilton added, the stress is harmful. The major concern is how each person lets stress affect him. If stress is effective negatively, it causes harm. When stress produces positive conditions, it creates positive results.

Overload situations are what cause harm. Hamilton said. Everyone has his or her point above which he or she cannot operate. This point differs with each person. What would be a stressoror stressproducing thing or situation for one would not be for another. The trick is to recognize when a stressor is good and when it is bad and to use it accordingly.

How do we overcome too much "I panic and leave the class," a social stress? Hamilton gave several sugoverload a schedule with too many extraneous things. Attitude is a second suggestion. "Self concept causes stress," she said. "We are our own worst enemy."

How we feel about ourselves makes us react differently to different situations. Hamilton suggested finding friends to help build our self esteem and to assist in dealing with self concepts would help lessen the burden of too much stress.

However, she added that if friends are harmful to one's self concept, it's time to change friends. Find people who help deal with life's problems without adding

No outlet for physical energy is another problem which can cause too much stress, Hamilton said. "We need to release excess energy so that it doesn't further complicate our lives. Stress builds up when we don't release it." If stress continues to grow without an outlet, it will finally result in an illness or even eventual death. Hamilton said that in her own situation, if there is too much stress, she has sinus problems and inner ear infections.

Biofeedback (a system that measures stress level), relaxation, diet, especially intake, conflicts and frustrations also cause problems in coping with stress.

One of the biggest problems for new students, Hamilton continued, is a new situation. Being thrust into a completely different lifestyle can cause tremendous stress on an individual. Meeting new friends and learning to adapt help the new student handle stress.

Above all, Hamilton concluded, "Believe in God, self and others. Keep your perspective on life."

Stress has to be controlled. If stress is not used constructively, as Hamilton said, illness may be the result. If handled positively, stress can produce benefits

#### Youth Ministers' Workshop **Features Ronnie Norman**

by Melody Prosser

first Youth Ministers' Workshop today through Saturday. The purpose of the three-day workshop is to allow youth ministers to share ideas and sharpen skills that are needed to work with young people. Those who participate will have the opportunity to improve their communication skills, motivational techniques, counseling and management of

Ronnie Norman, of Houston Texas, will be the keynote speaker each day of the workshop. Norman will be speaking

Freed-Hardeman College is hosting its on the theme of "Just a Youth Minister." Freed-Hardeman faculty members will also be participating in the program, lending their expertise on topics ranging from small group communication to coordinating a successful youth rally.

> Approximately 30 to 40 youth ministers from the surrounding area are expected to attend the workshop. However, it is not limited to youth ministers and is open to anyone interested in working with Christian young people.

> The schedule for the workshop is as follows:

#### Coggin receives **Accounting award**

Lincoln Coggin, a senior from Hot Springs Village, Ark., has received a \$700 scholarship from the National Society of and satisfying results. Public Accountants for the 1985-86 school year. Coggin was one of 28 scholarship winners from a field of 1,000 applications. Congratulations, Lincoln!

Today 6 p.m. Registration 7 p.m. Orientation 7:30 p.m. Keynote Address "Just a Youth Minister" Ronnie Norman 8:30 p.m. Reception

Friday 8 a.m. Devotional 9 a.m. Small Group Communication 10:30 a.m. Chapel 11 a.m. Motivation Working with Elders 12:45 p.m. Youth Minister: Crisis Counselor Young Peoples' Self Concept

1:45 p.m. Time Management Tax Helps 3:15 p.m. Ideas That Work Working Through Problems 4 p.m. Keeping that Spiritual High 7 p.m. Keynote Address: Ronnie Norman 8 p.m. Creative Swap Shop

Saturday 8 a.m. Devotional 9 a.m. Advertising Special Programs and Getting Results 10 a.m. How to Coordinate a Successful Youth Rally 11 a.m. Keynote Address: Ronnie Norman 12 p.m. Wrap Up

# Clay's Restaurant

Free order of French Fries with purchase of Sandwich and medium

coupon

Monday-Thursday Friday-Saturday Sunday

10 a.m. to midnight 10 a.m. to 1 a.m. Noon to 11 p.m.

459 E. Main St.

989-7815

### FM-91 boasts new equipment and new look

by Robert Wagner

During the spring semester, The Bell Tower told its readers of radio station WFHC FM-91's new equipment and programming changes. Once again, the campus station has improved its broadcasting facilities by adding a Harris-Medalist 10 control room audio board. This new board replaces one which had been functioning practically on its final breath.

The Harris-Medalist 10's installation has given WFHC's third floor studio in the Bible-Communication World Evanglism Building a cleaner, more professional look. In addition to the new board, turntables, Fostex monitors and lights have been installed to produce state-of-the art music for campus listeners.

WFHC FM-91 functions as a broadcast learning center for students as well as a campus radio station. An updated newsroom and training facility help train students who want to become disc jockeys, production assistants or radio news reporters. The station's old control room and audio board are being used as a training facility for new broadcasting students and for those who want to work with the radio station on campus.

In his third year as station manager, Ray Eaton advises a staff of student directors, all of whom have worked with commercial radio stations. Greg Boren, from Florence, Ala., begins his second year as program director. Roger Stewart, also of Florence Ala., is music director for FM-91. Tim Hall, Paducah, Ky., serves as news director for FM-91. Dave Clouse, from Lithia, Fla., is production director. Hall and Clouse wrote, produced and directed the videotape for Freed-Hardeman's Department of



Dave Clouse, production director for WFHC and a junior from Lithia, Fla., works the new audio board during his shift at FM-91. Several additions in new equipment have given the station a more modern look.

Admissions which has been shown on campus.

Obviously, the music played by the station is important to listeners. The station's programming offers various kinds of music for almost any taste. WFHC boasts a Top 40/Adult Contemporary format during daytime hours and offers special programs during the evenings.

Roger Stewart's "Album Hour" airs Tuesday nights from 7 to 8 and plays new music which has been released. If vou're longing for the days of the '60s, John Cliver's oldies show, "Feelin' Groovy," will play those hits on Thursday nights. Rhythm and Blues music will be featured on Monday nights when Mark Crawford hosts, "Mark After Dark." If you're a per-

son who is tired of hearing songs "your mother could pour over pancakes," tune into "Yours Truly" every Tuesday night.

Other programming which can be heard throughout the school year includes Stardate, Info Radio, Healthline and The Mind's Eye radio theater.

on Monday nights when Mark Crawford FM-91 listeners are invited to visit the hosts, "Mark After Dark." If you're a perstudio on the third floor to see how the station gets its music to the people.

#### Pi Epsilon hosts Softball game

by Kendra Bonnell

Pi Epsilon, a professional club for physical education majors and minors, will sponsor a softball tournament Sept. 27 and 28. The first round of this double-elimination tournament will be played on Friday the 27th starting at 6 p.m.

The team balls, and trop three we questions, or dra Bonnell.

The teams must provide their own balls, and trophies will be awarded to the top three winning teams. If you have questions, contact Sherry Bates or Kendra Bonnell.



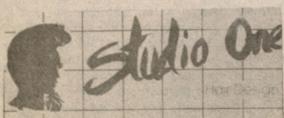
The freshman class recently elected its officers for the 1985-86 school year. Those elected include (top, clockwise) Scott Sewell, men's SGA rep.; David Shannon, vice president; Ray Sullins, president; Kelly Smith, secretary; Karen Coleman, treasurer; and Nancy Hastings, women's SGA rep.

#### Studio One

Welcomes back students!
Keep your tan through the month of
October. Unlimited tanning bed
sessions—\$45\*
Offering services for the black client...
Styling by Mitzi

Studio One 111. S. Washington St. 989-3081

\*Offer good in October only



#### Faculty bring variety of life experiences to campus



New and returning faculty who have joined Freed-Hardeman College include (I-r) Coleman Crocker, Department of Bible, Earl Edwards, Department of Bible, Shirley Johnson, library, Karen Lingren, Department of Home and Consumer Economics, and Elmo Robison III, Department of Business.

by Christie Chaney

Freed-Hardeman College is known and respected for a faculty and administration who take time with students, help with lessons, and listen to problems. Several changes have been made in the 1985-1986 faculty positions. New teachers are fulfilling roles vacated by those retiring or taking leaves for marriage or study. To help maintain the reputation of having good teacher-student communication, The Bell Tower provides the following profile on new and returning teachers.

Miss Shirley Johnson replaces Jimmy Ponds as the reference/circulation/periodical librarian. She attended F-HC from 1974 to 1978 and majored in secondary education in biology; she is completing her master's degree in library science at University of Tennessee-Knoxville. Miss Johnson supervises student library a job she held before for five years. She is "excited about working with the students."

Her hobbies include needlepoint (which she hopes to improve with practice), music and reading. She has an obsession for puzzles of all types and especially enjoys crosswords and picture puzzles. These consume much of her spare time.

Of her feelings on being back at Freed-Hardeman she states,"I love it. I really do. I didn't realize how much until I came back and saw old friends and renewed old friendships. I love to socialize. I guess I'm not your usual quiet librarian! I love to talk."

Mrs. Karen Lingren is on a one-year contract to take the place of Dr. Carolyn Townsley Barnes as an instructor in home and consumer economics. She received her B.S. at Harding in 1963 and her M.S. at Iowa State in 1965. She then taught college classes in Wisconsin for one year before she married.

For 13 years, she, her husband, Ted, and their three daughters, Kimberly, 17, Laura, 15, and Michele, 13, lived as missionaries in Northeast Thailand. They

spent most of their time working with the World Bible School; her husband worked with 10 training schools, and she worked with the wives to teach them how to care for their families. Her largest responsibility, however, was to teach her three daughters their "schoolwork" because there were no English-speaking schools in the area. In this respect she has taught from kindergarten age through the ninth grade.

Although the family liked Thailand, they returned two years ago in order for the girls to attend school here. The girls, who attend Harding Academy, Chester County High School, and Chester County Junior High, are having no problem. The most difficult time for them was being away from their families, but they do hope to return as a family or individually to continue the work in Thailand. Mr. Lingren does return two times a year for three months at a time to report on the program there.

Mrs. Lingren said she "really enjoys the atmosphere here," especially after teaching in the very different environment of a state school. She adds, "We feel like Henderson and the college are very friendly and helpful, and we are really glad to be here.

Elmo Robison III has the new face in the business/marketing department although his face is not new to Freed-Hardeman. He also attended F-HC and received his Bachelor of Science degree in 1982. He then studied for his M.B.A. at UT-Martin and completed it in August. He married the former Jo Ellen Perry (B.B.A. in 1984) on August 24. She is now a full-time Mary Kay beauty consultant in Jackson and the surrounding area.

Robison teaches marketing classes, which happen to be his favorite because he is afforded the opportunity to "sell the people to marketing, to give them their first real exposure to ideas they already know about from every day living." His

hobbies include cooking exotic foods, scuba diving (which he has given up while in Henderson), and listening to popular music. His latest love is the motorcycle he got eight months ago. He rides it "everywhere, including to work," and plans weekend and longer trips for the future.

Dr. Donald M. Schull replaces Beatrice Angelo, who retired in May, as an instructor in the Department of Languages and Literature. He received his B.A. at UT in 1965 and his M.A. at the University of New Mexico in 1967. He recently finished his Ph.D at the University of North Carolina at Chapel Hill. He taught for nine years at Michigan Christian College and for two years at Bluefield College in Virginia.

His wife, Hope, works in the office of Institutional Advancement. He has two sons: Will, 1, and Alan, 4.

Shull's hobbies include running, in which he and his wife both participate. He likes to read mysteries and fantasies and can also read Latin, Old and Modern French, Old Provencal (a language of French peasants), Old English, German and Spanish. He learned these through his years of schooling and holds a minor in medieval Romance languages.

Algene Steele, a commercial artist who makes a trip to F-HC on Tuesday evenings to teach "Lettering and Layout," is helping to begin a graphic design curriculum in the Department of Art. He too received a degree from Freed-Hardeman and graduated in 1981 with a Bachelor of Arts degree in an individualized area of art. He received his M.F.A. in 1985 at Memphis State.

His wife Donna attended Freed-Hardeman and worked in the Office of Academic Affairs. She now works with Liberty Mutual Insurance in Memphis and helps with the Memphis chapter of the Associates. He is the assistant art director at Good Advertising and previously worked as art director of the Meister Publishing Co.

Of his hobbies Steele said, "Art is my life! I paint and draw in what little spare time I have."

Returning this year to the Department of Bible are Dr. Earl Edwards and Dr. Coleman Crocker.

Edwards spent the last year in Deerfield, Ill., at the Trinity Evangelical Divinity School, where he received his doctorate in missiology. He worked as an elder and fill-in preacher at the Hawthorne Church of Christ in Mundellein, Ill., while there.

He said he is excited about working on a major in missions, and has already begun teaching a class in that area, "Urban Church Growth."

Coleman Crocker has returned as a full-time instructor in the Department of Bible after an extended illness which kept him hospitalized in Jackson, Memphis, and Rochester, Minn., for more than eight months. He taught one class in the spring and is now teaching full time for the first time since he has worked with Freed-Hardeman.



Algene Steele teaches Lettering and Layout class for the Department of Art. The course helps begin a graphic design curriculum in the department.