

COLLEGE OF ARTS & SCIENCES
2024-2025 KINESIOLOGY
EMP. HEALTH & HUMAN PERFORMANCE (TEACHING)
B.S. DEGREE PLAN

FIRST YEAR - FRESHMAN							
Fall Semester				Spring Semester			
Dept.	Crse#	Course Name	Hrs.	Dept.	Crse#	Course Name	Hrs.
BIB	121	Life of Christ ¹	2	BIB	122	Acts of the Apostles ¹	2
ENG	101	English Composition I ¹	3	ENG	102	English Composition II ^{1,3}	3
KIN	120	Foundations of Kinesiology	3	EDU	130	Introduction to Education	3
BIO		Human Bio OR A&P I ²	4	MAT		College Algebra or higher ²	3
COM	140	Speech Communications ¹	3	KIN	100	Fundamentals of Movement	1
PEA	100	Lifetime Wellness	1	HIS		History ¹	3
			16				15
SECOND YEAR - SOPHOMORE							
Fall Semester				Spring Semester			
Dept.	Crse#	Course Name	Hrs.	Dept.	Crse#	Course Name	Hrs.
BIB		Bible	2	BIB		Bible	3
KIN	235	Fundamentals of Sports Skills	3	KIN	328	Anatomical Kinesiology ³	3
SPE	240	Special Education Foundations ³	3	KIN	320	Measurement & Eval in Phy Ed	3
		Creative Works: ART/ENG/MUS ¹	3	PSY	210	General Psychology ²	3
PSY	306	Educational Psychology	3	HEA	121	Principles of Nutrition	3
EDU	327	Test & Measurement* ³	3			KIN/PEA/HEA Elective: Recommend KIN221	3
				EDU	250	Professional Reflective Seminar I ³	2
			17				20
THIRD YEAR - JUNIOR							
Fall Semester				Spring Semester			
Dept.	Crse#	Course Name	Hrs.	Dept.	Crse#	Course Name	Hrs.
BIB		Bible	2	BIB	346	Foundations of Faith ¹	3
RDG	321	Teaching Secondary School Lit	3	EDU	320	Technology in the Classroom* ³	3
KIN	225	Physical Activities for Children	3	KIN	420	Motor Learning	2
KIN	327	Care & Prevention of Athletic Injuries	3	KIN	426	Adaptive Physical Education	3
KIN	338	Physiology of Exercise ³	3	PEA	156	Weight Training	1
HEA	216	Personal Health	3	KIN/HEA		UD Elective: Recommend KIN330/331/437	3
			17				15
FOURTH YEAR - SENIOR							
Fall Semester				Spring Semester			
Dept.	Crse#	Course Name	Hrs.	Dept.	Crse#	Course Name	Hrs.
BIB	495	Values in Human Thought ¹	3	EDU	448	Student Teaching - Secondary ³	12
EDU	431E	Tchnng Methods & Literacy: K-12 Content Areas** ³	3	EDU	450	Professional Reflective Seminar III ³	1
EDU	428	Classroom Management** ³	2				
KIN	425	Organization & Adm in Phy Ed	3				
KIN	329	Biomechanics ³	3				
HEA	217	First Aid and CPR	3				
EDU	350	Professional Reflective Seminar II ³	1				
			18				13
						Total	131

¹Liberal Arts Core Requirement

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²Liberal Arts Core Requirements in *Undergraduate Catalog*

³Course has prerequisite. See corresponding *Undergraduate Catalog*

ADDITIONAL ITEMS RELATED TO THE MAJOR

Suggested KIN electives (spring only) - KIN 221 - Protective Techniques of Athletic Injuries, KIN 330/331 - Advanced Athletic Training I/II, KIN 437 - Exercise Testing and Prescription

The following guidelines are important. Failure to follow these guidelines may delay graduation.

1. Plan schedules carefully. Plan to fulfill prerequisites for future courses.
2. Do not alter the sequence of courses without consulting with your academic adviser as not all classes are offered every semester.
3. Before the enrollment period, check to make sure holds will not prevent you from registering.
4. Register for classes early during the registration period to secure classes.

The Four-Year Degree Plan is a suggested plan of study. This plan does not replace the *Undergraduate Catalog*. The *Undergraduate Catalog* provides the official listing of program requirements.

2024-25 Undergraduate Liberal Arts Core Requirements

I. Biblical Values		III. Broadened Perspectives	
A. Bible		A. Behavioral Sciences	
BIB 121 AND 122 AND 346 OR 446	7	FAM/SOC 230 OR PSY 210 OR SOC 241 OR SWK 251	3
II. Basic Skills		B. Natural Sciences	
A. Written Communication		BIO 100 OR BIO 105 OR BIO 110 OR BIO 111 OR BIO 112 OR BIO 211 OR CHE 121 OR PHS 111 OR PHS 112 OR PHS 201 OR PHS 211	3
ENG 101 AND ENG 102	6	C. Arts and Humanities	
B. Oral Communication		HISTORY: HIS 111 OR HIS 112 OR HIS 221 OR HIS 222 OR HUM 399A OR POL 251	3
COM 140	3	CRITICAL AND CREATIVE WORKS: ART 110 OR ART 234 OR ENG 225 OR ENG 226 OR ENG 235 OR ENG 236 OR ENG 245 OR ENG 246 OR MUS 110 OR MUS 214 OR PHI 243 OR PHI 245 OR PHI 246 OR THE 160 OR THE 265 OR THE 299A	3
C. Quantitative Reasoning		HUMANITIES CAPSTONE: BIB/HUM 495	3
MAT 100 OR MAT 101 OR MAT 120 OR MAT 122 OR MAT 235	3		
Complete course names and descriptions for the Liberal Arts Core Requirements are located in the Undergraduate Catalog.			